



YEARLY PLANNER

**SAPLING
2025-26**

APRIL

Theme: MYSELF

LANGUAGE DEVELOPMENT

Listening

- Building attention span and listening comprehension through stories and rhymes based on the theme
- Listening to the sounds of letters in words
- क, ख, ग, घ, ङ

Speaking

- Naming of body parts, five senses and their functions
- Speaking about health and hygiene
- Vocabulary related to letters s, a, t, i, p, n
- Reciting rhymes rhythmically
- Performing actions in rhymes
- क, ख, ग, घ, ङ

Reading

- Matching same words
- Identifying letters in words
- Reading words by recognizing the first letter sound

- Picture reading and matching with the first letter sound

- क, ख, ग, घ, ङ

Writing

- Freehand drawing
- Writing letters s, a, t, i, p, n (Capital & Small)
- क, ख, ग, घ, ङ

Spelling List

at, it, is, in, tin, sat, pit, pin, pat

Sight Words

said, and, put, to, in, a, no

COGNITIVE DEVELOPMENT

- Pre-number concept: big/small
- Number recognition, number sense and writing of numbers 1-10
- Writing numbers 1-10 in sequence
- Associating quantity with numbers
- Building problem solving skills
- Number name-one



FINE MOTOR DEVELOPMENT

- Colouring, tearing and pasting
- Finger play and exercises

GROSS MOTOR DEVELOPMENT

- Planned group play and individual play to develop physical strength, balance and directionality
- Walking in a straight line
- Mopping and cleaning of table
- Performing actions in rhymes
- Dancing to the beat of music

EXPLORATION

- Discussion about personal hygiene, healthy eating habits and etiquettes
- Self help skills: washing hands, folding aprons, cleaning the table after meal

SEASONS AND FESTIVALS

- Celebration, discussion, rhyme, art and craft activities related to festivals and theme of the month

SOCIO-EMOTIONAL DEVELOPMENT

- Speaking about feelings and being aware of different emotions
- Understanding and speaking about likes and dislikes
- Sharing with peers during planned group activities
- Expressing during pretend play
- Discussion about personal hygiene and good habits

RHYMES

- Simple Simon
- I Am Special

MAY

Theme: SUMMER SEASON

LANGUAGE DEVELOPMENT

Listening

- Building attention span and listening comprehension through stories and rhymes based on the theme
- Listening to the sounds of letters in words
- क का परिवार, च, छ

Speaking

- Talk on feelings and emotions, summer season
- Reciting rhymes rhythmically
- CVC words related to S, A, T, I, P, N
- क का परिवार, च, छ

Reading

- Matching same words
- Identifying letters in words
- Reading words by recognizing the first letter sound
- Reading words by joining letter sat, in, sat, tin, pin, nip, tip, tap, pat, sit
- Reading words to match with pictures

- क का परिवार, च, छ

Writing

- Writing simple CVC words using the letters s, a, t, i, p, n
- Reading words by recognizing the first letter sound
- क का परिवार, च, छ

Spelling List

tap, pat, tip, tan, nap, at, it, as, in

Sight Words

Recap of sight words

COGNITIVE DEVELOPMENT

- Pre number concept-inside/outside
- After Number
- Larger Number
- Building problem solving skills
- Number Name - two

FINE MOTOR DEVELOPMENT

- Coloring, bud painting, block printing and finger printing

- Finger play and exercises

GROSS MOTOR DEVELOPMENT

- Planned group play and individual play to develop physical strength, balance and directionality
- Moving body in space following verbal instructions by the teacher
- Criss-cross walk on bricks
- Bouncing a ball
- Performing action in rhymes

EXPLORATION

- Exploring different features of the summer season
- Discussion about Summers – characteristics, like and dislikes

SOCIO-EMOTIONAL DEVELOPMENT

- Speaking about likes and dislikes of food of self and others in the summer season
- Sharing about fun activities done by the family during summers

- Discussion about personal hygiene, healthy eating habits and etiquettes
- Self-help skills: washing hands, folding aprons, cleaning the table after meals

FESTIVALS AND CELEBRATIONS

- Art and craft activities related to summer season
- Celebration, discussion, rhyme, art and craft activities related to festivals and theme of the month

RHYMES

- Simple Simon
- I Am Special

JULY

Theme: PLANTS/ MONSOON SEASON

LANGUAGE DEVELOPMENT

Listening

- Building attention span and listening comprehension through stories and rhymes based on the theme
- Listening to the sounds of letters in words
- ज, झ, ञ, च का परिवार
- Introduction of two letter words
- ट, ठ, ड, ढ, I, ट का परिवार

Speaking

- Free conversation centering around parts of plants, needs of plants and types of plants
- Speaking about how plants help us and what we get from plants
- Free conversation centering around meal times, different kinds of food
- Name of fruits and vegetables
- Speaking about healthy food and unhealthy food
- Speaking about where does food come from
- Vocabulary related to food

- Vocabulary related to letters c, k, e, h, r, m, d
- Reciting rhymes rhythmically
- ज, झ, ञ, च का परिवार
- Introduction of two letter words
- ट, ठ, ड, ढ, I, ट का परिवार

Reading

- Matching pictures with the letter of the beginning sound
- Matching pictures with the same beginning sound
- Sentences with 'this' and 'that'
- Reading simple rhyming words
- Reading words by joining letters hat, hen, red, cat, mat, mad, map, rat, pen, pet
- Reading simple sentences
- Reading from 'Sapling Reader' twice a month
- Reading simple words and drawing
- Reading comprehension
- ज, झ, ञ, च का परिवार
- Introduction of two letter words
- ट, ठ, ड, ढ, I, ट का परिवार

Writing

- Writing letters c, k, e, h, r, m, d (Capital and Small)
- Writing CVC words by joining letters s, a, t, i, p, n, c, k, e, h, r, m, d
- ज, झ, ञ, च का परिवार
- Introduction of two letter words
- ट, ठ, ड, ढ, ण, ट का परिवार

Spelling List

ten, den, cap, bin, ant, net, tap, hen, pan, red, ran, can, mat

Sight Words

can, the, he, she, are, my, do, boy, girl

COGNITIVE DEVELOPMENT

- Pre number concept - empty/ full
- Shapes: Revision of basic shapes circle, triangle, square and rectangle
- Before, after, greater than, less than & equal to numbers(1-10)
- Backward counting of numbers 10-0
- One less/Before Numbers

- Greater, lesser and equal numbers
- Associating quantity with numbers
- Building problem solving skills
- Number names -three and four

FINE MOTOR DEVELOPMENT

- Colouring, Finger printing, paper folding and pasting
- Finger play and exercises
- Working with play dough

GROSS MOTOR DEVELOPMENT

- Planned group play and individual play to develop physical strength, balance and coordination
- Climbing the jungle gym
- Hopping race
- Frog race
- Rolling and catching a ball



SOCIO-EMOTIONAL DEVELOPMENT

- Speaking about plants around us
- Discussion about caring for plants
- Stories related to plants
- Knowing the Artist – Van Gogh
- Drawing flowers of choice
- Speaking about likes and dislikes of food of self and others
- Sharing and eating during meal times

EXPLORATION

- Exploring the various kinds of plants in the school campus
- Differentiating between weak and strong plants
- Naming common flowers
- Exploring the size, shape, colors and texture of different fruits and vegetables
- Exploring the different tastes
- Exploring and observing seeds in fruits and vegetables

SEASONS AND FESTIVALS

- Celebration, discussion, rhymes, art and craft activities related to festivals and theme of the month
- Discussion about Monsoons—characteristics, like and dislikes

RHYMES

- The Little Plant

LANGUAGE DEVELOPMENT**Listening**

- Building attention span and listening comprehension through stories and rhymes based on the theme
- Listening to the sounds of letters in words
- ट का परिवार, त, थ, द, ध, न, त का परिवार
- Recap क – न
- Recap two letter words
- प, फ, ब, भ, म, प का परिवार, य

Speaking

- Free conversation centering around farm animals, wild animals, water animals, birds and insects
- Speaking about how animals help us and what we get from them
- Speaking about animal homes and their babies
- Speaking about what animals eat
- Vocabulary related to letters g, o, u, l, f, b
- Vocabulary related to diagraph sounds ai, oa, ie

and letter j

- Reciting rhymes rhythmically
- ट का परिवार, त, थ, द, ध, न, त का परिवार
- Recap क – न
- Recap two letter words
- प, फ, ब, भ, म, प का परिवार, य

Reading

- Matching pictures with the letter of the beginning sound
- Matching pictures with the same beginning sound
- Reading simple rhyming words
- Reading words by joining letters gap, bat, fat, but, tub, hut, cup, leg, bun
- Reading and Comprehension
- Reading sentences using 'this' and 'that'
- Reading words by joining letters jug, jet, jam, tie, pie, tail, rain, goad, soap
- Reading and writing sentences using diagraph sound words
- Reading from 'Sapling Reader'

- Reading simple sentences
- ट का परिवार, त, थ, द, ध, न, त का परिवार
- Recap क – न
- Recap two letter words
- प, फ, ब, भ, म, प का परिवार, य

Writing

- Writing letters g, o, u, l, f, b(Small)
- Writing CVC words by joining letters s, a, p, t, i, n, c, k, e, h, r, m, d, g, o, u, l, f, b
- Writing letters j ,ai, oa and ie
- Writing CVC words and words with diagraph sounds
- Writing sentences using diagraph sound words
- ट का परिवार, त, थ, द, ध, न, त का परिवार
- Recap क – न
- Recap two letter words
- प, फ, ब, भ, म, प का परिवार, य

Spelling List

- cap, jam, wag, bag, dad, mad, men, ten, peg, leg, pet, wet, lid, hip, tip, pip, nip, zip, pig, hot, mop, pot, sop, fox, log, rod, top, cup, sun, pup, run, hut,

nut, jug, jet, jam, tie, pie, tail, rain, goat, soap

Sight Words

go, of, up, like, for, by, they, jump, how me

COGNITIVE DEVELOPMENT

- Pre number concepts- Tall/ Short, top/bottom, thick and thin
- Comparing Numbers
- Forward & backward counting of numbers 1-20
- One more/After Numbers (11-20)
- One less/ before Numbers (11-20)
- In between numbers (1-20)
- Number names- five, six and seven
- In between, greater than, less than and equal to numbers (1-20)
- Writing numbers 1-30 in sequence
- Building problem solving through simple mazes and puzzles

FINE MOTOR DEVELOPMENT

- Colouring, finger printing, paper folding and pasting

- 
- Finger play and exercises
 - Working with play dough

GROSS MOTOR DEVELOPMENT

- Planned group play and individual play to develop physical strength, balance and coordination
- Skipping a low height rope
- Bouncing and throwing a ball
- Tiptoeing on a line
- Lifting own chair in class
- Performing actions in rhymes

SOCIO-EMOTIONAL DEVELOPMENT

- Speaking about likes and dislikes of animals
- Discussion about caring for pets
- Stories related to animals
- Knowing the artist - MF Hussain
- Drawing animals of choice

EXPLORATION

- Observing different animals in the surrounding

SEASONS AND FESTIVALS

- Discussion about Monsoon characteristics, like and dislikes
- Celebration, discussion, rhymes, art and craft activities related to festivals and theme of the month

RHYMES

- Little Boy Blue
- Mary had a Little Lamb

OCTOBER

Theme: Birds and Insects

LANGUAGE DEVELOPMENT

Listening

- Building attention span and listening comprehension through stories and rhymes based on the theme
- Listening to the sounds of letters in words
- य, र, ल, व, श, ष, स, य का परिवार
- Recap of two letter words

Speaking

- Free conversation centering around Winter, Spring, Summer and Rainy Season
- Free conversation centering around days of the week, months and seasons
- General discussion on the daily weather
- Identifying and naming some common flowers
- Reciting rhymes related to the theme
- Vocabulary related to diagraph sound ai, oa, ie, ee, or Reciting rhymes rhythmically
- य, र, ल, व, श, ष, स, य का परिवार
- Recap of two letter words

Reading

- Reading and Comprehension
- Read and Draw
- Reading and writing sentences using diagraph sound words
- Reading from 'Sapling Reader'
- Reading words to match with pictures
- Reading for simple comprehension
- Recap of earlier sounds
- य, र, ल, व, श, ष, स, य का परिवार
- Recap of two letter words

Writing

- Writing letters ai, j, oa, ie, ee, or in words
- Writing CVC words by joining letters s, a, t, i, p, n, c, k, e, h, r, m, d, g, o, u, l, f, b, ai, j, oa, ie, ee, or, ng
- य, र, ल, व, श, ष, स, य का परिवार
- Recap of two letter words

Spelling List

coat, boat, goat, pie, die, tie, bee, seed, need, feet, heel, jeep, horn, corn, rain, sail, mail, tail

Sight words

- Recap of sight words done earlier
- Intro of sight words her, with

COGNITIVE DEVELOPMENT

- Pre-number concepts: fast/slow, near/far
- Shape-Star
- Number recognition, number sense and writing of numbers 1-50
- Associating quantity with numbers
- Associating numbers with their names (1-7)
- Building problem solving skills through simple mazes and puzzles
- Number name—eight

GROSS MOTOR DEVELOPMENT

- Planned group play and individual play to develop physical strength, balance and coordination
- Relay race
- Free walking, varying speed as directed by the facilitator

- Performing actions in rhymes

SOCIO-EMOTIONAL DEVELOPMENT

- Discussion on the importance of different seasons
- Relating seasons with festivals
- Discussion on celebrating festivals with family

EXPLORATION

- Exploring the different kinds of birds and insects in their neighbourhood

RHYMES

Little Boy Blue

NOVEMBER

Theme: HELPERS

LANGUAGE DEVELOPMENT

Listening

- Building attention span and listening comprehension through stories and rhymes based on the theme
- Listening to the sounds of letters in words
- स, ह, श का परिवार, क्ष, त्र, ज्ञ
- Recap of two letter words

Speaking

- Free conversation centering around neighborhood and community helpers
- Reciting rhymes related to the theme
- Vocabulary related to sounds of letters z, w, v, y, x, ng, oo diagraph ch
- Reciting rhymes rhythmically
- स, ह, श का परिवार, क्ष, त्र, ज्ञ
- Recap of two letter words

Reading

- Reading & identifying rhyming words by picture reading

- Reading simple sentences to match with pictures
- Reading and drawing pictures of words
- Reading z, w, v, y, x, oo, ch, ng words
- Reading for simple comprehension
- स, ह, श का परिवार, क्ष, त्र, ज्ञ
- Recap of two letter words

Writing

- Writing letters z, w, v, y, x, ng, oo, ch, in words
- Writing CVC words by joining letters s, a, t, i, p, n, c, k, e, h, r, m, d, g, o, u, l, f, b, ai, j, oa, ie, ee, z, w, ng, v, oo, ch, y,x

Spelling List

- zip, zoo, yet, wet, van, six, ring, wing moon, food, pool, book, cook, chips, chat

Sight Words

- Recap of sight words done earlier
- Intro of sight words there, we ,me, have, here, you, your, that

COGNITIVE DEVELOPMENT

- Pre-number concepts: high/low, heavy/light

- 
- Pre-number concepts: heavy/light
 - Shape-Cube
 - greater than/less than/ equal to
 - More than concept
 - Number name—nine

FINE MOTOR DEVELOPMENT

- Colouring, finger printing, palm printing, pasting and decorating
- Finger play and exercises
- Working with play dough and blocks

GROSS MOTOR DEVELOPMENT

- Planned group play and individual play to develop physical strength, balance and coordination
- Hurdle race
- Performing actions in rhymes

SOCIO-EMOTIONAL DEVELOPMENT

- Discussion on the importance of community helpers
- Knowing and appreciating those who help us to make our lives comfortable

EXPLORATION

- Exploring the tools of different helpers

SEASONS AND FESTIVALS

- Discussion about Autumn— characteristics, like and dislikes
- Celebration, discussion, rhymes, art and craft activities related to festivals and theme of the month

RHYMES

Using My Hands Song

DEC & JAN Theme: TRANSPORT/ WINTER SEASON

LANGUAGE DEVELOPMENT

Listening

- Building attention span and listening comprehension through stories and rhymes based on the theme
- Listening to the sounds of letters in words
- ज्ञ, श्र, क्ष का परिवार
- Recap of Two letter words
- Introduction of three letter words
- Recap (all vyanjans)
- अ, आ, इ, ई, उ, ऊ

Speaking

- Free conversation centering around different means of transport on land, water and air
- Vocabulary related to sounds of letters sh, bl, cl, u, ai, oa, ie, or
- Reciting rhymes rhythmically
- ज्ञ, श्र, क्ष का परिवार
- Recap of Two letter words
- Introduction of three letter words

- Recap (all vyanjans)

- अ, आ, इ, ई, उ, ऊ

Reading

- Reading & identifying rhyming words by picture reading
- Identifying and writing beginning, middle and ending sounds of words
- Reading simple sentences to match with pictures
- Reading and drawing pictures of words
- Read sentences with bl and cl words
- Reading simple comprehension
- ज्ञ, श्र, क्ष का परिवार
- Recap of Two letter words
- Introduction of three letter words
- Recap (all vyanjans)
- अ, आ, इ, ई, उ, ऊ

Writing

- Writing letters x, ch, sh, bl, br, cl, cr in words
- Recap of vowels a, e, i, o, u
- Writing CVC words by joining letters s, a, t, i, p, n, c, k, e, h, r, m, d, g, o, u, l, f, b, ai, j, oa, ie, ee, z, w,

- ng, v, oo, x,y
- Writing sentences with bl and cl
 - ज्ञ, श्र, क्ष का परिवार
 - Recap of Two letter words
 - Introduction of three letter words
 - Recap (all vyanjans)
 - अ, आ, इ, ई, उ, ऊ

Spelling List

train, car, bus, ship boat, chip, shop, sheep, black, blue, clip

Sight Words

- Recap of sight words done earlier
- Intro of sight words— why, blue, clay

COGNITIVE DEVELOPMENT

- Pre-number concepts: high/low, sink/float
- Writing numbers 51-70
- Simple picture addition vertical and horizontal addition of single digit numbers
- Number name—ten
- Shape-cone

- Writing numbers 1-70
- Simple picture subtraction
- Vertical subtraction
- Building problem solving skills through simple mazes and puzzles

FINE MOTOR DEVELOPMENT

- Colouring, finger printing, palm printing, pasting and decorating
- Finger play and exercises
- Working with play dough and blocks

GROSS MOTOR DEVELOPMENT

- Planned group play and individual play to develop physical strength, balance and coordination
- Throwing and catching a ball
- Dodge ball with a small ball
- Performing actions in rhymes

SOCIO-EMOTIONAL DEVELOPMENT

- 
- Discussion on importance of different means of transport and their use in our life
 - Knowing and appreciating how different people travel

EXPLORATION

- Exploring number, size and type of wheels of different vehicles

SEASONS AND FESTIVALS

- Discussion about Winter– characteristics, like and dislikes
- Celebration, discussion, rhymes, art and craft activities related to festivals and theme of the month

RHYMES

- Wheels of the Bus
- Vowel Song– Old MacDonald

FEB & MAR Theme: IN THE SKY/SPRING SEASON

LANGUAGE DEVELOPMENT

Listening

- Building attention span and listening comprehension through stories and rhymes
- Listening to the sounds of letters in words
- ए, ऐ, ओ, औ, अं, अः
- Recaps of vyanjans and swars

Speaking

- Free conversation around things in the sky
- Vocabulary related to letters of the alphabet
- Reciting rhymes rhythmically
- ए, ऐ, ओ, औ, अं, अः
- Recap of Swars (अ-अः)
- Recaps of vyanjans and swars

Reading

- Reading and identifying rhyming words by picture reading
- Identifying and writing beginning, middle and ending sounds of words
- Reading simple sentences and picture stories

- Reading and drawing pictures of words
- Reading sight words– I, is, the, like, it, my, to, can, at, a, like, he, she, will
- Reading for simple comprehension
- Recap of all sight words
- ए, ऐ, ओ, औ, अं, अः
- Recaps of vyanjans and swars

Writing

- Writing words and sentences
- Read and write
- ए, ऐ, ओ, औ, अं, अः
- Recaps of vyanjans and swars

Sight Words

- Recap of sight words done earlier
- Intro of sight words– who and what

Spelling List

Recap of all words done

COGNITIVE DEVELOPMENT

- Shape- cuboid
- Revision of earlier pre number concepts
- Recap of Addition and Subtraction

- Building problem solving skills through simple mazes and puzzles
- Writing numbers 71-100
- Writing numbers 1-100
- Recap worksheets
- Number names—one to ten

FINE MOTOR DEVELOPMENT

- Colouring, finger printing, palm printing, pasting and decorating
- Finger play and exercises
- Working with play dough and blocks

GROSS MOTOR DEVELOPMENT

- Planned group play and individual play to develop physical strength, balance and coordination
- Passing the ball

- Relay race
- Performing actions in rhymes

SOCIO-EMOTIONAL DEVELOPMENT

- Knowing and appreciating the importance of day & night

EXPLORATION

- Exploring features of the sky

SEASONS AND FESTIVALS

- Discussion about Spring— characteristics, like and dislikes
- Celebration, discussion, rhymes, art and craft activities related to festivals and theme of the month

RHYMES

- Recap of all rhymes

Please note that all efforts will be made to stick to the above plan of work, however sometimes there could be some changes in planning, under the following circumstances—

- Some topics may need more time or less time in class for the best understanding of them by students.
- Unexpected holidays



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