



YEARLY PLANNER

**SEEDLING
2025-26**

APRIL AND MAY

Theme: MYSELF

LANGUAGE DEVELOPMENT

Listening

- Building attention span and listening comprehension through stories and rhymes based on the theme
- Listening to the sounds of letters in words

Speaking

- Free conversation centring around children's body parts, things, people around them and their immediate environment
- Naming of body parts and the five senses
- Speaking about family, relationships and family activities
- Vocabulary related to letters li, Ll, Tt, Jj
- Reciting rhymes rhythmically

Reading

- Matching object to similar objects
- Matching object to picture
- Relating picture to an action

Writing

- Freehand drawing
- Pattern writing
- Tracing on dotted lines
- Tracing and writing letters li, Ll, Tt, Jj

COGNITIVE DEVELOPMENT

- Pre-number Concepts: tall/short
- Shapes: circle
- Colours: red
- Touch counting 1, 2 and 3 with the help of objects and pictures
- Ordering objects according to attributes: size, colour and shape
- Number recognition, number sense and writing
- Building problem solving skills through simple mazes and puzzles

FINE MOTOR DEVELOPMENT

- Colouring, paper tearing and pasting
- Finger play and exercises



GROSS MOTOR DEVELOPMENT

- Planned group play and individual play to develop physical strength, balance and directionality
- Animal walk (crawling)
- Animal movements
- Walking on a straight path
- Performing actions in rhymes

EXPLORATION

- Comparing the facial features of self with others
- Knowing likes and dislikes of self and others

SOCIO-EMOTIONAL DEVELOPMENT

- Speaking about feelings and being aware of different emotions
- Understanding and speaking about one's likes and dislikes
- Sharing with peers, doing planned group activities
- Expressing during pretend play
- Discussion about personal hygiene and good habits

- Self help skills: washing and wiping hands, folding aprons, cleaning the table after meals

SEASONS AND FESTIVALS

- Discussion about summer season— characteristics and things used in the season
- Art and craft activities related to themes and festivals of the month

RHYMES

- Here Are My Fingers
- Two Little Dicky Birds
- Hickory Dickory Dock

JULY AND AUGUST

Theme: PLANTS & FOOD

LANGUAGE DEVELOPMENT

Listening

- Building attention span and listening comprehension through stories and rhymes based on the theme
- Listening to the sounds of letters in words

Speaking

- Free conversation centring around parts of plants, needs of plants & meal times, different kinds of food
- Naming of fruits and vegetables
- Speaking about how plants help us
- Speaking about healthy and unhealthy food
- Speaking about where does food come from
- Recap of i, l, t, j
- Vocabulary related to letters Cc, Oo, Aa, Dd, Gg, Qq
- Reciting rhymes rhythmically

Reading

- Matching an object to similar objects

- Matching an object to a picture
- Relating a picture to an action
- Matching pictures to beginning sounds of letters

Writing

- Freehand drawing
- Pattern writing
- Tracing on dotted lines
- Tracing and writing letters Cc, Oo, Aa, Dd, Gg, Qq

COGNITIVE DEVELOPMENT

- Pre Number Concepts: one/many, hot/cold
- Shape: triangle, square
- Colour: green, blue
- Touch counting with the help of objects and 4, 5, 6, 7, 8 pictures
- Number recognition, number sense and writing—
- Building problem solving through simple mazes and puzzles

FINE MOTOR DEVELOPMENT

- Colouring, paper tearing and pasting, paper crushing

- Finger play and exercises

GROSS MOTOR DEVELOPMENT

- Planned group play and individual play to develop physical strength, balance and directionality
- Walking on a straight path
- Walking on rungs of ladder placed on the ground
- Performing actions in rhymes

EXPLORATION

- Exploring the size, shape, colour and texture of different fruits and vegetables
- Exploring different tastes

SOCIO-EMOTIONAL DEVELOPMENT

- Speaking about food and healthy eating
- Sharing and eating during meal times
- Discussion about personal hygiene, healthy eating habits and etiquettes
- Self-help skills: washing hands, folding aprons, cleaning the table after meals

SEASONS AND FESTIVALS

- Discussion about monsoon- characteristics and things used in the season
- Art and craft activities related to themes and festivals of the month

RHYMES

- Four Little Puppies
- Five Little Monkeys
- Six Little Ducks
- Farmer Sows the Seeds
- Carrot, Cabbage, Broccoli

SEPTEMBER AND OCTOBER

Theme: ANIMALS

LANGUAGE DEVELOPMENT

Listening

- Building attention span and listening comprehension through stories and rhymes based on the theme
- Listening to the sounds of letters in words

Speaking

- Free conversation centring around farm animals, pet animals and wild animals
- Speaking about useful animals and young ones of animals
- Recap of c, o, a, d
- Vocabulary related to letters Bb, Pp, Hh, Nn, Mm, Rr
- Reciting rhymes rhythmically Recap of c, o, a, d

Reading

- Matching an object to similar objects
- Matching an object to a picture

- Relating a picture to an action
- Matching pictures with the beginning sounds of letters

Writing

- Freehand drawing
- Pattern writing
- Tracing on dotted lines
- Tracing and writing letters Bb, Pp, Hh, Nn, Mm

COGNITIVE DEVELOPMENT

- Pre Number Concept: heavy/light, big/small
- Shape: rectangle, recap of shapes
- Colour: yellow, orange
- Touch counting 9–14 with the help of objects and pictures
- Number recognition, number sense and writing
- Building problem solving through simple mazes and puzzles



FINE MOTOR DEVELOPMENT

- Colouring, paper tearing and pasting, paper crushing
- Finger play and exercises

GROSS MOTOR DEVELOPMENT

- Planned group play and individual play to develop physical strength, balance and directionality
- Walking on straight path
- Walking on rungs of ladder placed on the ground
- Performing actions in rhymes

EXPLORATION

- Exploring the size, features and characteristics of different animals
- Exploring about the food eaten by different animals and places where they live

SOCIO-EMOTIONAL DEVELOPMENT

- Discussion about taking care of animals
- Discussion on habitats of animals
- Stories related to animals

FESTIVALS

- Art and craft activities related to themes and festivals of the month

RHYMES

- There Were Seven Bears
- Mary is at the Cottage
- One, Two, Buckle my Shoe
- Down in the Jungle

NOVEMBER AND DECEMBER Theme: TRANSPORT

LANGUAGE DEVELOPMENT

Listening

- Building attention span and listening comprehension through stories and rhymes based on the theme
- Listening to the sounds of letters in words

Speaking

- Free conversation centring around different modes of transport
- Speaking about different modes of transport
- Recap g, q, b, p, h, n, m, r
- Touch counting with the help of objects and pictures
- Vocabulary related to letters Ss, Ff, Ee, Uu, Kk, Vv, Ww
- Reciting rhymes rhythmically

Reading

- Matching an object to similar objects

- Matching an object to a picture
- Relating a picture to an action
- Matching pictures with the beginning sounds of letters

Writing

- Freehand drawing
- Pattern writing
- Tracing on dotted lines
- Tracing and writing letters Ss, Ff, Ee, Uu

COGNITIVE DEVELOPMENT

- Pre-number Concept: More/Less, Up/Down
- Shape: Star, Diamond
- Colour: Purple
- Building problem solving skills through simple mazes and puzzles
- Number recognition, number sense and writing of number 15-20

FINE MOTOR DEVELOPMENT

- Colouring, paper tearing and pasting
- Finger play and exercises

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- Working with play dough

GROSS MOTOR DEVELOPMENT

- Planned group play and individual play to develop physical strength, balance and coordination
- Aiming with the ball
- Action songs
- Running race
- Kicking a ball and running
- Performing actions in rhymes

EXPLORATION

- Exploring the wheels of different vehicles- size, shape and numbers

SOCIO-EMOTIONAL DEVELOPMENT

- Discussion on the importance of different means of transport
- Talking about safety measures to be followed

SEASONS AND FESTIVALS

- Discussion about winter season– characteristics and things we use in the season

- Art and craft activities related to themes and festivals of the month

RHYMES

- Row, Row, Row Your Boat

JANUARY Theme: NEIGHBOURHOOD/PEOPLE WHO HELP US

LANGUAGE DEVELOPMENT

Listening

- Building attention span and listening comprehension through stories and rhymes based on the theme
- Listening to the sounds of letters in words

Speaking

- Free conversation centring around neighbourhood and our helpers
- Naming of places in the neighbourhood
- Speaking about people who help us
- Reciting rhymes rhythmically
- Vocabulary related to letters Xx, Yy, Zz

Reading

- Matching an object to similar objects
- Matching an object to a picture
- Relating a picture to an action
- Matching pictures with the beginning sounds of letters

- Identifying beginning sounds of words

Writing

- Freehand drawing
- Pattern writing
- Tracing on dotted lines
- Tracing and writing letters a-z in sequence

COGNITIVE DEVELOPMENT

- Building problem solving skills through simple mazes and puzzles
- Shape: Semi Circle
- Revision of numbers 1-20
- Oral counting numbers 1-50

FINE MOTOR DEVELOPMENT

- Colouring, paper crushing, drawing
- Finger play and exercises

GROSS MOTOR DEVELOPMENT

- Planned group play and individual play to develop physical strength, balance and coordination
- Lemon race
- Aiming with the ball



EXPLORATION

- Exploring the tools used by different helpers
- Exploring the vehicles used by different helpers

SOCIO-EMOTIONAL DEVELOPMENT

- Speaking about the importance of helpers in our life
- Talking about gratitude towards people who help us

SEASONS AND FESTIVALS

- Discussion about spring season
- Art and craft activities related to theme and festivals of the month

RHYMES

- Teacher, Teacher, What Do You Do?

FEBRUARY & MARCH

Revisiting and mastering the concept done throughout the session and getting ready for the next grade.

Please note that all efforts will be made to stick to the above plan of work, however sometimes there could be some changes in planning, under the following circumstances—

- Some topics may need more time or less time in class for the best understanding of them by students.
- Unexpected holidays



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